

***ASIT RAMESH KHANDWALA***  
***MBBS MS MCh(Plast) FRCS(G) FRCS(Plast)***

***Curriculum Vitae***

**NAME:**

Mr Asit R Khandwala

**POSITION:**

Consultant Plastic and Hand Surgeon  
Queen Victoria Hospital NHS Foundation  
Trust  
Former Director Clinical support services ,  
Queen Victoria Hospital NHS Foundation  
Trust  
Lead Consultant for Hand Surgery

**ADDRESS (NHS):**

Queen Victoria Hospital  
Holtye Road  
East Grinstead, Sussex  
RH19 3DZ

**ADDRESS (PRIVATE):**

Tel: 01342 414074

**QUALIFICATIONS:**

The McIndoe Surgical Centre  
Holtye Road  
East Grinstead, Sussex  
RH19 3EB  
Tel: 01342 330343

**GMC REGISTRATION:**

FRCS (G) FRCS(Plast)  
MCh (Plastic Surgery)  
MS MBBS Bombay

**SPECIALIST REGISTER:**

Full registration March 1996.  
Registration Number 4276517

May 2004.

**POST GRADUATE EDUCATION:**

MS (Master of Surgery) in General Surgery  
Bombay University, Grant 1989

MCh Plastic Surgery 1992 – placed first.  
Bombay University and Seth GS Medical  
College,  
King Edward VII Memorial Hospital,  
Bombay.

Intercollegiate Examination in Plastic  
Surgery  
FRCS(Plast) 1998

**CLINICAL EDUCATION:**

FRCS (Glasgow) 2001

Grant Medical College, Bombay  
October 1984

**PRIZES:**

University Postgraduate Scholarship for  
two consecutive years 1990 and 1992

Stood first in MCh (Plastics) exam

Audio-visual prize BSSH 2003

**CONSULTANT APPOINTMENTS:**

Consultant Plastic and Hand Surgeon  
Queen Victoria Hospital NHS Trust  
Holtye Road  
East Grinstead, Sussex  
RH19 3EB

Hon Consultant Hand and Plastic Surgeon  
Dartford and Gravesham NHS Trust  
Darent Valley Hospital  
Dartford, Kent

Hon Consultant Hand and Plastic Surgeon  
Horsham Hospital  
Hurst Road  
Horsham, Sussex  
RH13 5BR

**MEMBER OF:**

British Association of Plastic, Reconstructive &  
Aesthetic Surgeons  
(BAPRAS)

British Association of Aesthetic Plastic Surgeons  
(BAAPS)

British Society for Surgery of the Hand  
(BSSH)

International Society of Aesthetic Plastic Surgeons  
(ISAPS)

**BOARD OF REVIEWERS:**

European Journal of Hand Surgery

Journal of Plastic, Reconstructive and Aesthetic  
Surgery

Indian Journal of Surgery

**HONORARY SENIOR  
CLINICAL LECTURER:**

Brighton and Sussex Medical School  
Brighton School of Nursing

## **PREVIOUS APPOINTMENTS HELD IN PLASTIC SURGERY**

**Year 6 Specialist Registrar (SpR)**      **April 2003**

Yorkshire rotation, Pinderfields Hospital, Wakefield.

**LAT Plastic surgery (SpR)**      **January – March 2003**

Castlehill Hospital and Bradford Royal Infirmary

**Microsurgery Fellow (SpR)**      **August – December 2002**

St James's University Hospital, Leeds

**Hand Fellow (National sub-speciality SpR post)**      **January – June 2002**

St James's Hospital, Leeds

**Plastics and Hand Fellow (SpR)**      **December 1999 – November 2001**

St Andrew's Centre, Broomfield

**Hand Fellow (SpR)**      **July – December 1999**

Orthopaedics, Southend General Hospital with Mr G J Packer

**Specialist Registrar**      **June 1996 – May 1999**

SpR (FTTA), St Andrew's Hospital, Billericay (now Chelmsford)

**Registrar**      **August 1995 – May 1996**

Charing Cross Hospital and Queen Mary's University Hospital, Roehampton

Stoke Mandeville Hospital, Aylesbury      **October 1994 – July 1995**

**Senior House Officer**      **July 1993 – September 1994**

Stoke Mandeville Hospital

## **SURGICAL TRAINING**

### **Clinical Lecturer:**

#### **Plastic Surgery:**

**December 1992 to May 1993**

Dr R L Thatte, Plastic Surgery, Lokmanya Tilak Memorial Medical College and Sion Hospital, Bombay

### **Registrar:**

#### **Plastic Surgery:**

**April 1990 – December 1992**

Mr S R Tambwekar and Dr R E Rana, King Edward VII Memorial Hospital and Seth GS Medical College, Bombay

#### **Surgical Oncology**

**July 1989 – March 1990**

Rotating through plastic surgery, head and neck and genito-urinary surgery.

Mr N M Kavrana, Dr R S Rao and Mr M R Kamat Tata Memorial Hospital, Bombay

#### **General Surgery:**

**August 1988 – June 1989**

Dr N K Jain, Mahatma Gandhi Memorial Hospital Bombay

### **Senior House Officer:**

#### **Cardiothoracic Surgery:**

**February 1988 – July 1988**

St George's Hospital, Bombay

#### **General Surgery:**

**August 1987 – January 1988**

Mahatma Gandhi Hospital

#### **General Surgery:**

**February 1987 – July 1987**

JJ Hospital, Bombay

#### **Orthopaedics:**

**August 1986 – January 1987**

Gokuldas Tejpal Hospital, Bombay

#### **General Surgery:**

**February 1986 – July 1986**

Gokuldas Tejpal Hospita, Bombay

## **RESEARCH WORK AND PUBLICATIONS**

### **PUBLICATIONS**

#### **A Child with a Congenital Hand Anomaly**

Wright J, Pickford M, Khandwala A.

BMJ. 2019 Jun 6;365:l1847. doi: 10.1136/bmj.l1847. Review.

**Double jeopardy: Two episodes of forearm compartment syndrome in the same patient A2.** BMJ case reports. 2015. 10.1136/bcr-2014-208079 Seth, Rohit & Vijayan, Roshan & Khandwala, Asit. (2015).

**The development of squamous cell carcinomas in split-thickness skin graft donor site.** D G. Morrith & A R. Khandwala, European Journal of Plastic Surgery ISSN 0930-343X Volume 36 Number 6 (2013)

**Multiple schwannomas of the upper limb related exclusively to the ulnar nerve in a patient with segmental schwannomatosis.** Journal of Plastic, Reconstructive & Aesthetic Surgery (2013) A . Molina, B D. Chatterton, N S. Kalson, M E. Fallowfield, A R. Khandwala

#### **Injury To The Brachial Plexus In Neck Dissections.**

Br J Oral Maxillofac Surg. 2010 Apr;48(3):197-8. Epub 2009 Dec 11.

Monteiro MJ, Altman K, Khandwala A.

**A Safer Method for Inking the Tattoo Needle for Pinnaplasty.** O'Neill JK, Gnanajebamani A, Beach R, Khandwala AR (2006) Clinical Otolaryngology 31(6), 564-565.

**Arterialisation to Salvage a Failing First Metacarpal Artery Flap.** Agarwal AK, Khandwala AR. J Plast Reconstr Aesthet Surg. 2006;59(11):1254-5 17046645

**Soft Tissue Simulator: helping trainees with fracture fixation [Correspondence and Brief Communications]** Hasham S, Khandwala AR, Southern SJ. Plastic and Reconstructive Surgery: Volume 115(3) March 2005 P957

**The Skin Substitute Jacket – Innovations and Ideas.** Hasham S, Akhtar A, Khandwala AR, Phipps AJ. Burns 31(2005), 248-250.

**The Flexor Digitorum Profundus 'Demi-tendon'. A New Technique for Passage of the Flexor Profundus Tendon Through the A4 Pulley.** Elliot D, Khandwala AR, Ragoowansi R. Journal of Hand Surgery (2001), 26B:5: 422-426.

**Venous Augmentation of the Free TRAM flap.** Niranjan NS, Khandwala AR, Mackenzie DM. British Journal of Plastic Surgery (2001), 54:335-337.

**Comparison of Dynamic Extension Splintage and Controlled Active Mobilisation in Zone 5 and 6 Extensor Tendon Injuries.** Khandwala AR, Webb J, Foster A, Harris S, Elliot D. Journal of Hand Surgery (2000), 25B: 2, 140-146.

**Anomalies of the Flexor Digitorum Superficialis Muscle.** Elliot D, Khandwala AR, Kulkarni M. Journal of Hand Surgery (1999), 24B: 5, 570-574.

**Use of the Accuflex Wedge TAG Bone Anchor in Hand Surgery.** Khandwala AR, Khan IU, Elliot D. Journal of Hand Surgery (British Vol) April 2004.

**Immediate Repair and Dynamic Splintage of the Extensor Pollicis Longus Tendon in Zones 1 - 4.** Khandwala AR, Blair J, Foster A, Harris S, Elliot D. Journal of Hand Surgery (British Vol) June 2004.

**Review of Iatrogenic Femoral Artery Injuries in Neonates and Children.** Hobman J, Khandwala AR, Batchelor AG. British Journal of Plastic Surgery. April 2004.

#### **PUBLISHED ABSTRACT:**

**Review of Open Palm Fasciectomy Using the McCash Technique on 500 Patients.** Desai SN, Khandwala AR. Proceedings of the 11<sup>th</sup> Congress of the International Confederation of Plastic, Reconstructive and Aesthetic Surgery 16-21 April 1995, Japan.

#### **DISSERTATIONS:**

**Resurfacing of Upper Extremity Defects.** Submitted and accepted for MCh (Plastic Surgery), Bombay University, June 1992.

**Acute Intestinal Obstruction and Predictive Criteria for Strangulation.** Submitted and accepted for MS (General Surgery), Bombay University, February 1989.

#### **AUDIO VISUAL PRESENTATIONS:**

##### **BSSH AUDIOVISUAL PRIZE 2003:**

**Trapeziectomy and Ligamentous Reconstruction.** Instructional video. Knight SL, Watt D, Khandwala AR.



**INVITED SPEAKER:**

**Flexor tendon repair, Mid Yorkshire plastic surgery course July 2011**

**Hand Fractures gone wrong**, Regional study day Southeast orthopaedic circuit meeting, Darrent Valley Hospital , March 2011

**Endoscopic carpal tunnel decompression.** Regional study day Southeast orthopaedic circuit meeting, Darrent Valley Hospital , July 2009.

**Ligamentous injuries of the thumb.** Basic skills course in Hand surgery, Royal College of Surgeons in England, June 2009

**Newer Techniques in Tendon Surgery.** Joint meeting of the British Society for Surgery of the Hand and Spanish Hand Society, Valladolid, Spain, April 2005.

**Rheumatoid Flexor Tendon Surgery.** Advanced Skills Course in Hand Surgery at the Royal College of Surgeons in England, January 2005.

**Fracture Fixation with K-Wires and Management of Ulnar Collateral Ligament Injuries of the Thumb.** Core Skills Course in Hand Surgery, The Royal College of Surgeons of England, November 2004, 2005, 2006.